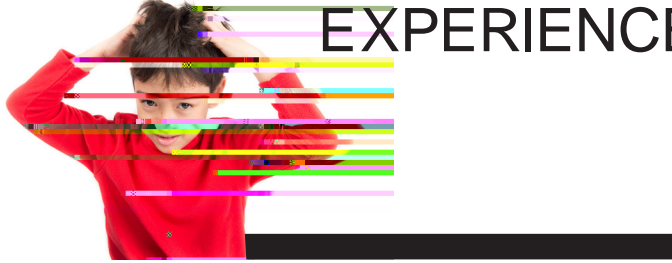


# HOW TO AVOID A 'HAIR RAISING' EXPERIENCE

## 10 Tips for manual removal



- Watch for signs of head lice. **Check your children every few days.** Lice are easier to eliminate if caught early.
- Teach your children not to share hats, headgear, scarves, headphones and grooming items (combs, hairbrushes, etc.) and to avoid direct head-to-head contact.
- **TNEVER** spray them with a pesticide.

1.

tangles. A hair detangler spray or other hair conditioner.

10. If additional nits (at least 3-5 per day) are discovered, another manual search is recommended.

"Manual removal is the safe alternative and necessary component of any head lice treatment regimen." —National Pediculosis Association

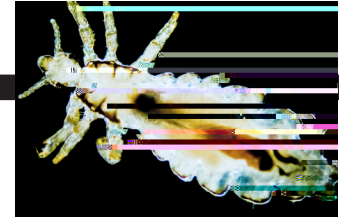
You can completely control a head lice infestation with manual removal alone. You cannot completely control head lice with head lice shampoos alone. You must combine shampoo treatment with manual removal.

# A PARENT'S GUIDE TO THE 'NITTY-GRITTY' ABOUT HEAD LICE



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Department of Entomology

# Head Lice 101: THE BASICS



**Do not panic** Head lice are not an emergency and, in most cases, do not pose any health risk. However, misuse of pesticides and use of unlabeled treatments (ex., kerosene) can pose a health risk.

Head lice **cannot** live off a human host for more than 24-48 hours.

Head lice **cannot** live on pets.

Head lice **cannot** reproduce in carpets, furniture or other household furnishings.

**Pesticide sprays do little or nothing to control lice** Never

