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### Children 0-5 Years

Brevard Health Department - Women, Infants and Children (North, Central, South locations)

321-639-5793

The purpose of this program is to provide nutrition education, breastfeeding support and healthy foods to pregnant, breastfeeding and postpartum women, infants and children to age 5.

Child Find 321-633-1000 ext. 552

Pod 4- 2700 Judge Fran Jamieson Way, Viera 32940

Conducts free developmental screenings for 3-5 year olds in the areas of communication, motor development, vision, hearing, and school readiness skills in order to offer therapy and/or programs though the Brevard Public Schools.

Early Learning Coalition North

Titusville

Students rotate through various departments every nine weeks for a broad work experience with support from job coaches and a transition teacher.

University Boxing Club

321-723-8704

1415 University Boulevard, Melbourne, FL 32901

Focus on personal dignity, self-esteem and confidence of youth, through the sport of competitive boxing.

Hours varies, call for information.

YMCA of Brevard County, North

321-267-8924

2100 South Park Avenue, Titusville, FL 32780

Fitness center and youth sports facility. Summer day camp for kids age 5-14.

Hours: Monday-Friday 9am-8pm

YMCA of Brevard County - Central

321-433-7770

1519 Clearlake Road, Cocoa, FL 32922

The YMCA has a wide variety of member and youth programs consisting of Personal Trainers, Aerobic and cycling classes, Child Development, Teen Center activities, Karate, new Cybex cardio and weight equipment, and water fitness classes for all ages.

Hours:

Women 's Center, North

321-607-6811

Domestic Violence Shelter for victims of domestic violence and their families. Counseling, information and referrals for various women's issues including divorce, spouse abuse, self-esteem, codependency, incest survivors and eating disorders. Free individual counseling for victims of crime: violent crimes, sexual assault, and domestic violence. Educational activities, workshops and classes. Ongoing support groups on domestic violence, incest survivors, and sexual assault survivors.

#### www.womenscenterinbrevard.org-

Western Judicial Services 800-750-0223 / 321-868-4066
Domestic Violence Intervention Program
Cocoa 321-631-6976
Melbourne 321-752-7557

Provides services for Personal improvement programs for offenders. westernjudicial.com ,lois.milliken@westernjudicial.com Đ

## **Elderly Services**

Aging Matters	321-639-8770
AlzheimerÕs Foundation	321-253-4430
Florida Department of Elder Affairs	800-963-5337
Senior Care of Brevard	321-631-9014

## **Employment**

AARP Senior Employment Pr ogram 321-956-1444 17 Hibiscus Boulevard, Melbourne, FL 32901 (Located above the South Brevard Sharing Center) Free work search help and training for people over 55.

Hours: Open Monday - Friday from 8 am - 4 pm.

CareerSource Brevard

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South Brevard 5275 S. Babcock Street NE, Suite 8B, Palm Bay, FL 32905	321-394-0701
North Brevard 3880 S. Washington Avenue, Suite 214, Titusville, FL 32796	321-394-0703
Central Brevard 295 Barnes Boulevard, Rockledge, FL 32955 careersourcebrevard.com	321-504-7600

Goodwi

# Family Support

Brevard C.A.R.E.S Rockledge, FL 32955 Brevard CARES offers a full-array of support services and wraparound-

New Hope for Kids 407-599-0909

900 North Maitland Avenue, Maitland, FL 32751

A program that grants wishes to children who have been diagnosed with a life threatening illness. Also provides a family support group to help ease the day-to-day burdens of having to deal with such illnesses.

Hours: Monday-Friday 9am-5pm http://www.newhopeorlando.org

Yellow Umbrella

Cocoa 321-433-3570

705 Blake Avenue, Cocoa, FL 32922

Palm Bay 321-723-2927

4680 Lipscomb Street, Suite 10H, Palm Bay, FL 32905

Non-profit organization that provides classes on Parent education, anger management, family violence prevention and divorce. Please call for details.

Hours: Monday-Friday 8am-5pm http://www.yellowumbrella.org

# Food, Clothing, & Personal Care Items

Ascension Social Concerns (Ascension Catholic Church) 321

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Church On The Rock 4028 S. Babcock Street, Melbourne, FL 32901 Food only 321-724-5433

#### www.rockmelbourne.com

Daily Bread 321-723-1060

815 E. Fee Avenue, Melbourne, FL 32901

Free, hot mid-day meal, showers, laundry and mail service.

Hours: Open 7 days per week, 365 days per year, 7:30 am - 2:30 pm dailybreadinc.org

dailybread@dailybreadinc.org-

East Coast Christian Center 321-452-1060 (Church)

670 N. Courtenay Parkway, Merritt Island, FL 32953 321-454-

Salvation Army Ñ Melbourne

His Place Ministries & Restoration House 321-674-9009 1824 S. Harbor City Boulevard, Melbourne, FL 32901 Free, 6-month residential drug/alcohol recovery program, for men 21 and older. tbmhisplace@yahoo.com

National Veterans Homeless Support 7075 N. Cocoa Boulevard, Suite 700, Port St. John, FL 32927 Call main number to be connected to help where you are. www.nvhs.us

Our Lady of Grace Catholic Churc h 321-725-6866 300 Malabar Road SE, Palm Bay, FL 32909 Soup kitchen/hot meal.

Hours: Every Friday at 11:30 am

PATH Program through Circles of Care

321-914-4820 x4723 (cell) 321-446-4453

888-787-6847

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account fraud etc. FTC representatives counsel victims on how to check with credit reporting agencies to protect their credit histories and finances.

Hours: Monday-Friday 9am-5pm

National Domestic Violence Hotline (NDVH)

800-799-SAFE (7233)

National Runaway Switchboard

800-621-4000

3080 North Lincoln Avenue, Chicago, IL 60657

24 hr. hotline - Crisis intervention, information & referrals for runaways. Services also include conference calls to parents; message delivery from runaways to their parents or guardians: conference calls to shelters or other agencies to confirm appropriate and available services. Transportation home for runaways.

Hours: Seven days a week 24-hour hotline http://www.nrscrisisline.org

#### National Suicide Prevention Lifeline

800-273-8255

800-999-9999

Provides crisis intervention, referral and information services to homeless, runaway and other troubled youth. With a database of over 27,000 agencies, trained crisis counselors are able to refer callers to help in their own community.

Hours: Seven days a week 24-hour hotline

The Trevor Helpline

866-488-7386

8950 W. Olympia Boulevard, Suite 197, Beverly Hills, CA 90211

24 hr. helpline devoted to promoting tolerance and understanding for gay, lesbian, bisexual and questioning youth. Crisis intervention for gay, lesbian, bisexual and transgendered youths who are having suicidal thoughts and feelings. All calls free and confidential. Trained counselors available. Youth 25 and under only.

Hours: Seven days a week 24 hours http://www.trevorproject.org

Youth Leadershi

# Housing

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AstraZeneca Patient Assistance Program (800) 236-9933

http://www.azandme.com/making/mak\_pap.aspx

Zenni Optical 800-211-2105

448 Ignacio Boulevard #332, Novato, CA 94949 Eyeglasses as low as \$7.

www.zennioptical.com, <a href="mailto:service@zennioptical.com">service@zennioptical.com</a>

## Mental Health Counseling

ACF Therapy Associates

321-213-7370

1600 West Eau Gallie Boulevard, Suite 201U, Melbourne, FL 32935

ACF offers highly individualized and private counseling as well as group therapy and educational programs in couples and relationship issues, substance abuse and addictions, depression, anxiety, family conflict, parenting issues, youth and teen problems, and behavior addictions.

Hours: Monday-Thursday 12pm-8pm / Friday 11am-6pm http://www.acftherapyassociates.com

Angels for Kids 1-844-743-6224

1071Port Malabar Blvd., Suite 106, Palm Bay Florida 32905

A multicultural bi-lingual behavioral health company on-call 24/7. Offers collaborative medical, behavioral, case management and educational services to identify and treat all factors that influence health: physical, mental, environmental, and biochemical.

Aspire Health Partners 1600 Sarno Rd suite 224

4670 Lipscomb St. NE Palm Bay, FL 32905

3905 Grissom Parkway Cocoa, FL 32926

321-255-6413 x103 & x104

321-726-2889

321-637-1866 x. 237

Serving youth, families, individuals and adults through out Brevard County, providing assessment, referrals, substance abuse and outpatient treatment and residential services.\$

Brevard Counseling, LLC

321-323-9069

3760 Curtis Boulevard #602,Port Saint John, FL 32927

Individual, family couples counseling, EMDR and other counseling and consultation services. Play therapy, expressive arts, adoption home studies, post placement, supervision and support.

**Brevard Health Alliance** 

For Adults and Children:

Provides primary, pediatric, behavioral, and dental healthcare for insured and uninsured individuals. Also offers a sliding scale fee. Provides case management and medication

B.H.A. Palm Bay Adult/Pediatric Clinic 5270 Babcock Street NE, Suite 1, Palm Bay, FL 32905

Adults: 321-722-5959

Fax: 321-722-5960

Pediatrics: 321-676-5996

Fax: 321-676-5926

B.H.A. Rockledge Adult/Pediatric Clinic and Dental Clinic 220 Barton Boulevard, Rockledge, FL 32955

Adults: Phone: 321 639-5177

Fax: 321-639-4927

Pediatrics: Phone: 321 433-8361

Fax: 321 433-8362

Dental: Phone: 321 433-8350

Fax: 321 433-8351

B.H.A. Sarno Adult/Pediatric Clinic and Dental Clinic Phone: 321-241-6800

FL 32935

**Brevard Public Schools** 

Student Services/ Referral Guide for Children and Families

http://www.edline.net/files/\_JNCp1\_/248ee18d1b3e6fe23745a49013852ec4/Referral Resources\_Directory.pdf

Circles of Care - Outpatient Counseling

The North Area Outpatient Clinic provides outpatient counseling, psychiatric evaluation and medication management to adults and children who live in the northern portions of Brevard County. In addition to these services, the Case Management Program,

Coastal Mental Health Center provides outpatient psychiatric services that include: individual, family, group therapy and medication management for adult/adolescent/child clients. Treatment for

Anxiety/PTSD, Depression, Bipolar Disorder, Victims of Abuse and ADHD.

Tuesday-Saturday 9:00 a.m.-5:00 p.m. http://coastalmhc.com/Home\_Page.html-

Discovery Institute, P.A., 845

321-631-5538

Executive Lane, Suite 100 Rockledge, FL 32955

Outpatient counseling practice providing individual, couple, family and group services.

Hours: Monday-Thursday 9am-5pm.

Office phone diverted to on-call resident therapist.

Family Counseling Center

321-632-5792

505 Brevard Ave, #106, Cocoa, FL 32922 (

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Statewide Mental Health Access Line - CLEAR Line 800-945-1355 Helps find information and referral to resources and supports for mental health

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Hours: Open Monday - Friday from 9 am - 11 am www.ascensioncatholic.net/Social-Concerns

Brevard County Community Action Agency /
Low Income Home Energy Assistance Program (LIHEAP ) 321-633-1951
400 S. Varr Avenue, Cocoa, FL 32922

Assistance with: LIHEAP (gas/electric bill assistance), mortgage/rent, medical/dental/prescriptions, cremation/burial, and self-sufficiency. Follow application instructions exactly to be considered for assistance.

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South Brev ard Sharing Center N Melbourne 17 E. Hibiscus Boulevard, Melbourne, FL 32901 321-727-8581

Hours: Open Monday - Friday from 9:30 am - 1 pm mysbsc.org

St. Vincent de Paul Society:

Church of Our Savior 321-799-3677

5301 N. Atlantic Avenue, Cocoa Beach, FL 32931

Covers Cape Canaveral, Cocoa, and Cocoa Beach down to Patrick AFB.

Divine Mercy 321-459-2060 (Helpline)

1940 Courtenay Parkway, Merritt Island, FL 32953

Covers Merritt Island.

Our Lady of Grace 321-725-6866

300 Malabar Road SE, Palm Bay, FL 32909 (Church)

315 Battersea Avenue SE, Palm Bay, FL 32909 (SVDPS)

Covers half of Palm Bay DWest of Emerson Drive.

St. JosephÖs 321-768-7882

2824 Palm Bay Road, Palm Bay, FL 32905 Covers half of Palm Bay Đ East of Emer

NanaÕs House

# Substance Abuse & Rehabilitation

**ACF Therapy Associates** 

321-213-7370

1600 West Eau Gallie Boulevard, Suite 201U, Melbourne, FL 32935 ACF offers highly individualized and private counseling as well as group therapy and educational programs in couples and relationship issues, substance abuse and addictions, depression, anxiety, family conflict, parenting issues, youth and teen problems, and behavior addictions.

Hours: Monday-Thursday 12pm-8pm / Friday 11am-6pm

Chrysalis Health

407-595-4575

Provides in home mental health and substance abuse services to children, adults and families and accepts all the Medicaid HMOs and can accept FSPT funding. http://www.chrysalishealth.com/

Dunklin 772-597-2841

3342 S.W. Hosanah Lane, Okeechobee, FL 34974 Yearlong Christian in-house substance abuse rehab program. dunklin.org

Liberty Lodge

For adult males. Treats problems with chemical dependency and sexual issues.

Church 321-264-0757

4235 Mount Sterling Avenue, Titusville, FL 32780

Lodge 321-268-5949

4150 Mount Sterling Avenue, Titusville, FL 32780 libertylodgeministries.com

Refuge Ranch 722

Tropical Wellness Center 4700 Dixie Highway NE, Palm Bay, FL 32905 321-961-1559

Tropical Wellness Center is a private adult drug and alcohol addiction treatment facility licensed by DCF for night/day treatment and being an Intensive Outpatient Program. TWC offers Evidence Based Treatment, 12 Step approaches to treat individual and families that are suffering from substance abuse, dependence and co-dependence issues.

Hours: Monday-Friday 9am-5pm <a href="http://www.tropicalnow.com">http://www.tropicalnow.com</a>

WEGO Ministries Glory Mansion - 321-785-3084

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Elaine Christmas: echristmas@circlesofcare.org\$

**Grief Social Support** 

321-269-4240

866-269-4240

MenÕs Breakfast 4 - Wednesday

Ladies Luncheon 1<sup>st</sup> - Thursday

New Beginnings (men and women) - 3<sup>rd</sup> Thursday

Getting Together Social Luncheon Group

Meetings begin at 6:30 pm with 30 minutes of informal socializing and light refreshments. pflag.Melbourne@yahoo.com- email for information

Recovery Intern ational

Cocoa Beach 321-784-0694

Call for location

Thursdays at 7:00 PM

Schizophrenia Support (Consumers Only )

Melbourne 321-725-3484

Call for location

Tuesdays at 2:30 PM

Safe Place 321-253-2222

1025 S. Florida Ave, Rockledge 2<sup>nd</sup> and 4<sup>th</sup> Tuesday, 10:30 AM

Safe Place West Melbourne 321-253-2222

2755 Wingate Blvd., West Melbourne

1<sup>st</sup> and 3<sup>rd</sup> Tuesday, 10:30 AM

Safe Place Evening 321-253-2222

8060 Spyglass Rd, Viera 1<sup>st</sup> and 3<sup>rd</sup> Thursday, 6 PM

Survivors of Suicide Support Group 321-253-2222

8060 Spyglass Rd, Viera

2<sup>nd</sup> Thursday, 6 PM

Support Group -Survivors of Homicide 321-617-7555

2725 Judge Fran Jamieson Way, Building D, Viera, FL 32940

Offers a free monthly support group for survivors of homicide. Makes referrals based upon survivors needs. Supportive counseling and crisis intervention. Newsletter for survivors. Case-related information. Victim compensation assistance and court accompaniment.

First Wednesday of the month 6:30-8:00 PM

Survivors of Suicide 321-253-2222

8060 Spyglass Hill Road, Viera, FL 32940 Support group for survivors of suicide.

Meets 2nd Thursday of each month 6pm.

# Transportation

Florida Transportation Networ k

866-947-6538 727-586-2811 ext. 6297

Medicaid Transport

844-239-5974

SCAT

321-637-3788 1-877-878-8387

2900 Veterans Way Viera, FL 32940

321-637-3639 / 321-637-3589 (Appts.)

Veter