
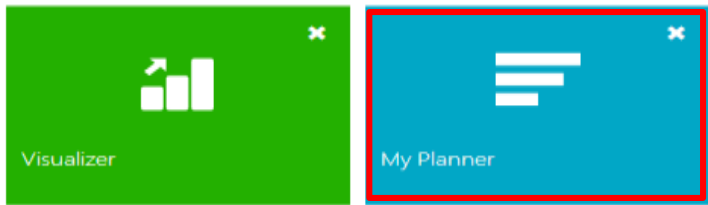
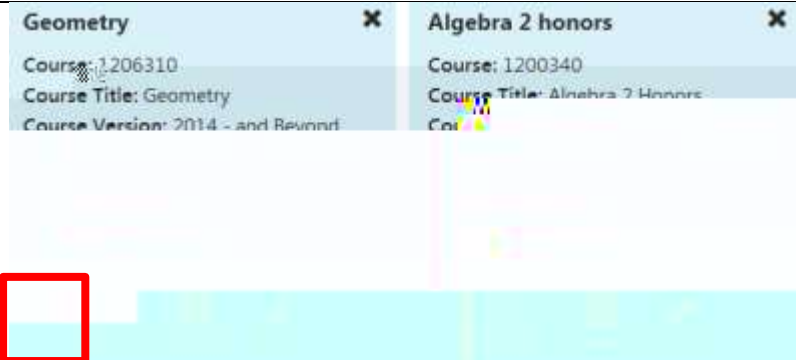






<p>1. www.cplams.org and log-into your account. Click on the iCpalms tab.</p>	
<p>2. Click on MY PLANNER.</p>	
<p>3. Click the CMAP icon in the course of your choice.</p>	
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<p>5. To select a time frame, click NARROW SELECTION.</p>	
<p>6. In the spaces provided, type the days you want to print/export. (Ex shown is the 1st 10 days of school)</p>	
<p>7. Click the PRINT button in the upper right corner. OR Click the EXPORT button to download the information to your computer.</p>	
<p>8. Select the rows you want to print/export and click PRINT/EXPORT.</p> <p>After printing/export, to exit back to regular viewing, click the glowing magnifying glass in the bottom left corner.</p> 